

Online privacy and  
data protection for  
linguists:

*A no-nonsense, hands-on  
introduction.*

#TIworld17



Image credit: <https://www.flickr.com/photos/truthout/14348649238/>

Hi!

*I am an EU staff  
interpreter, technology  
trainer, podcaster, father  
of two, husband of one.*





**STOP MEN  
DYING  
TOO YOUNG**

JOIN THE MOVEMENT FOR MEN'S HEALTH

<http://xl8.link/movember>

This is *Edward Snowden*.

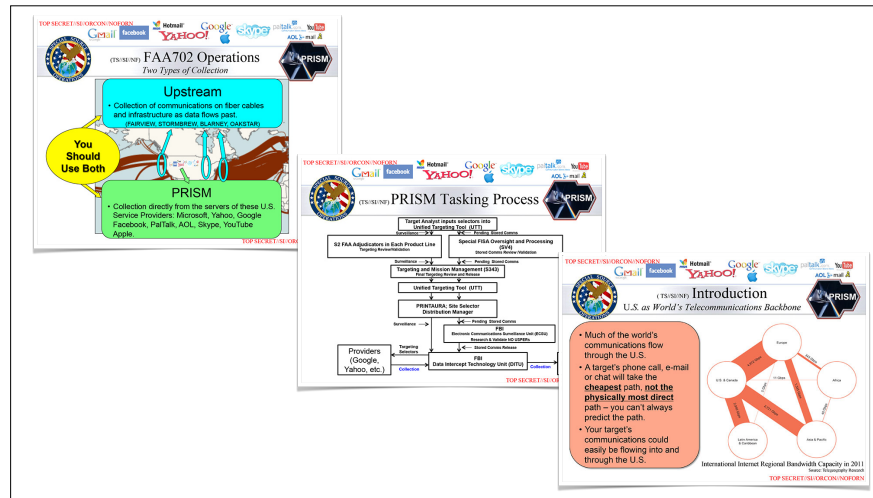


- \* June 21, 1983
- \* North Carolina
- \* Family of public servants
- \* grandfather rear admiral in Coast Guard, later high-ranking FBI official; was in the Pentagon on 9/11
- \* father also coast guard officer
- \* mother at a district court
- \* sister lawyer at Federal Judicial Center in DC
- \* Studied Japanese, knew some Mandarin Chinese
- \* Discharged from military because broke both legs
- \* Joined CIA in 2006, rose up the ranks quickly
- \* Spent March 2007 under diplomatic cover in Geneva at US UN mission
- \* 2009 joined Dell, support government IT (stationed in Tokyo)
- \* Started "downloading" documents in 2012, while at Dell





<https://citizenfourfilm.com/>



Death. By. PowerPoint. Is real.

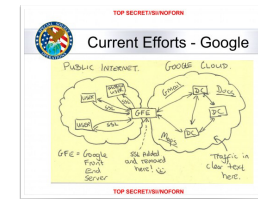
- Secret court orders allowing the NSA to access phone data
- PRISM (user data handed over by internet companies)
- GCHQ accessing internet cables directly (information transfer through Tempora programme)
- XKeyscore (capture and search global internet traffic)

*Not just NSA*

*Five Eyes Intelligence Agency (USA + Australia, Canada, New Zealand, UK)*

- \* Secret court orders allowing the NSA to access Google and Yahoo accounts
- \* PRISM (user data handed over by internet companies)
- \* GCHQ accessing internet cables directly (information transfer through TEMPORA programme)
- \* XKeyscore (capture and search global internet traffic for anything and anyone)

- Spy on foreign political leaders
- Undermine encryption and internet security
- State hackers, placing of malware ("Turbine")
- Intercept traffic between private data centres
- Intercept text messages worldwide



- \* Spy on 122 foreign political leaders (Merkel, EU, Israeli prime minister)
- \* Undermine encryption and internet security
- \* State hackers, placing of malware

*Snowden was offered to join "Tailored Access Operations" (NSA hacker team) but turned down and went to Booz Allen*

- \* Intercept traffic between private data centres or interface between company and public internet
- \* Intercept text messages worldwide, NSA call database ("Boundless Informant")

Collect it all.

Process it all.

Exploit it all.

Partner it all.

Sniff it all.

Know it all.

NSA: "Collect it all, process it all, exploit it all, partner it all, sniff it all, know it all."

“I didn't want to change society.  
I wanted to give society a chance to  
determine if it should change itself.”

*-Edward Snowden*

“Arguing that you don't care about the right to privacy because you have *nothing to hide* is no different than saying you don't care about free speech because you have *nothing to say*.”

*—Edward Snowden*

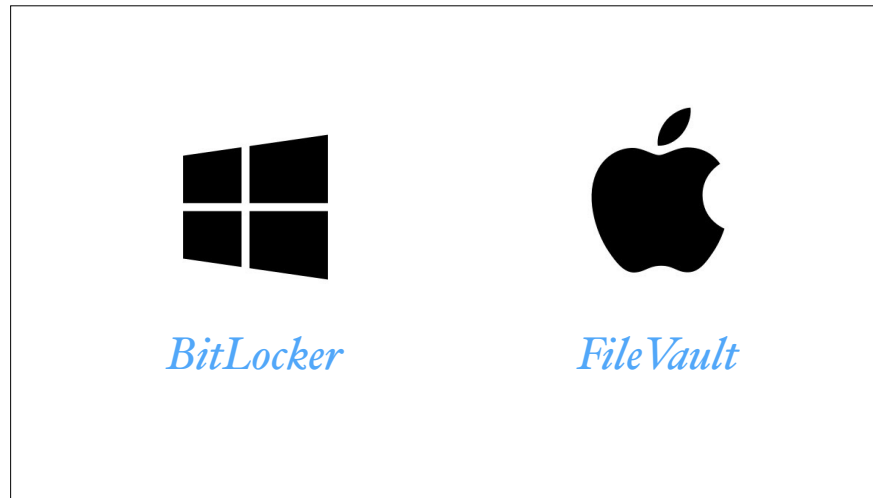
Glenn Greenwald's TED talk about privacy: [https://www.ted.com/talks/  
glenn\\_greenwald\\_why\\_privacy\\_matters/](https://www.ted.com/talks/glenn_greenwald_why_privacy_matters/)

A quick primer on

# *encryption*

- \* Dictionary: "the activity of converting data or information into code"
- \* Sophisticated mathematics
- \* Objectives:
  - \* confidentiality (only for authorised recipient (email))
  - \* data integrity (has data been modified?)
  - \* authentication (correct sender)
  - \* enforcability (digital signature)
- \* Encrypt data on computer: TrueCrypt for Windows, FileVault for Mac (built in)

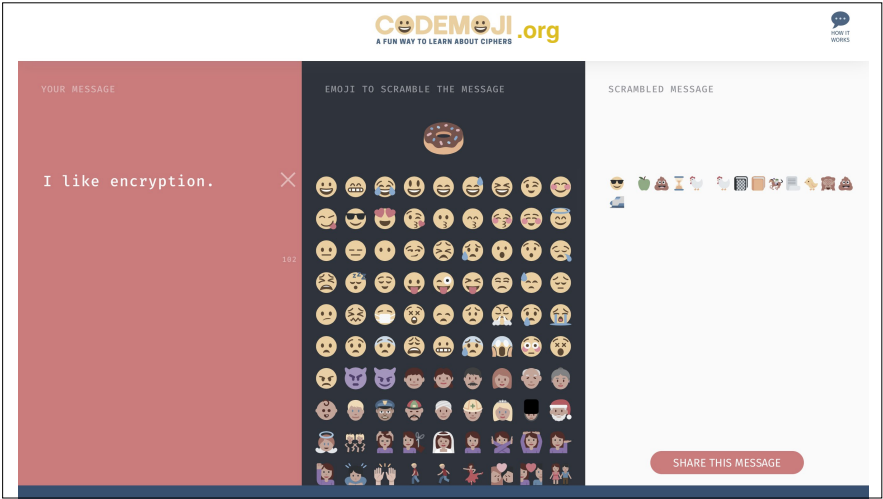




<https://www.howtogeek.com/234826/how-to-enable-full-disk-encryption-on-windows-10/>

More about BitLocker: <https://docs.microsoft.com/en-us/windows/device-security/bitlocker/bitlocker-overview>

More about FileVault: [https://support.apple.com/kb/PH25553?locale=en\\_US](https://support.apple.com/kb/PH25553?locale=en_US)





*Going dark?*

<https://cyber.harvard.edu/pubrelease/dont-panic/>

- \* encryption unlikely to be adopted ubiquitously by companies
- \* most businesses rely on access to user data for revenue and functionality (forgotten passwords)
- \* ecosystems are (inherently) fragmented
- \* networked sensors/Internet of Things = much bigger issue for surveillance
- \* Metadata is not encrypted (and mostly cannot be)

Let's talk about...

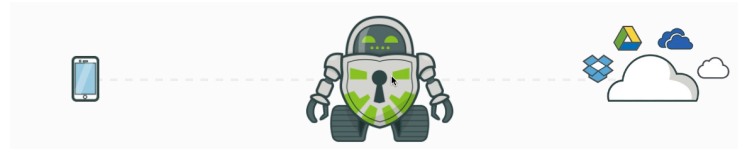
*the "cloud"*





- \* Automated "spying": spam filter, email intelligence
- \* Rogue employees (Twitter's 11 minutes without Trump)
- \* Secret government access (US National Security Letter)
- \* Data breaches by third parties (incl. state-sponsored attacks)

*Photo credit: <https://www.flickr.com/photos/wbob/4171615158>, Bob West*

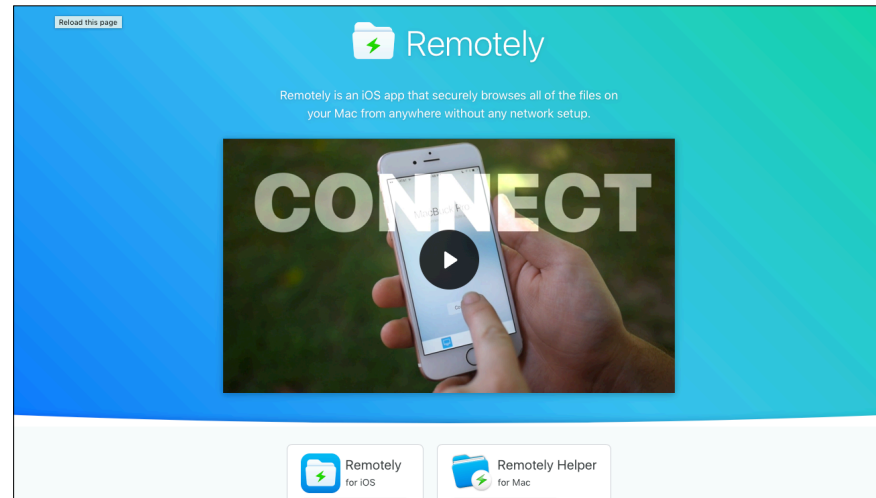


File encryption in the cloud:  
*Cryptomator & Boxcryptor*

Cryptomator/Boxcryptor (secure cloud use on all platforms, free for private use, encrypt using TouchID)

<https://www.boxcryptor.com/>

<http://cryptomator.org>



Accessing files on your computer from away: <https://getremotely.com>  
(alternative for Windows/Android: <https://www.pushbullet.com>; "Remote Files" feature)  
cloud backup services like Backblaze or Carbonite —> access backed-up files in the cloud





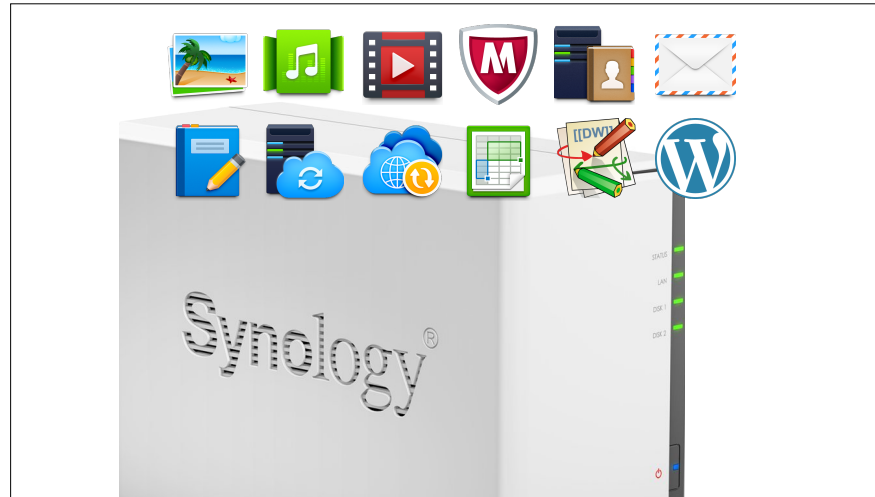
external hard drive/Time Machine/Windows backup

BACKUP: Rule of three (<https://www.hanselman.com/blog/TheComputerBackupRuleOfThree.aspx>)

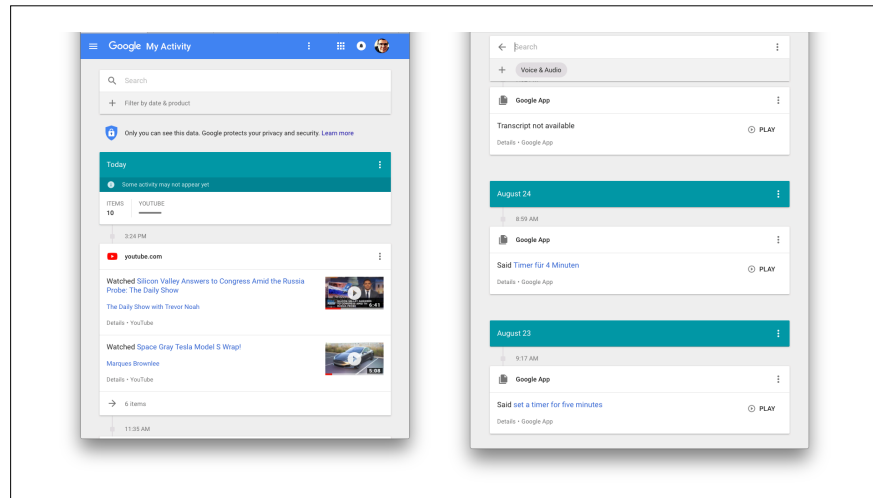
- 3 copies of anything **you care about**
- 2 different formats - Example: Dropbox+DVDs or Hard Drive+Memory Stick or CD+Crash Plan, or more
- 1 off-site backup (if the house burns down)

Extra rule: make it automatic or put it in your to-do list/calendar

WesternDigital My Cloud: <https://www.wdc.com/products/personal-cloud-storage/my-cloud.html>



Network-attached storage (Synology, QNAP)  
Storage/backup  
Install applications

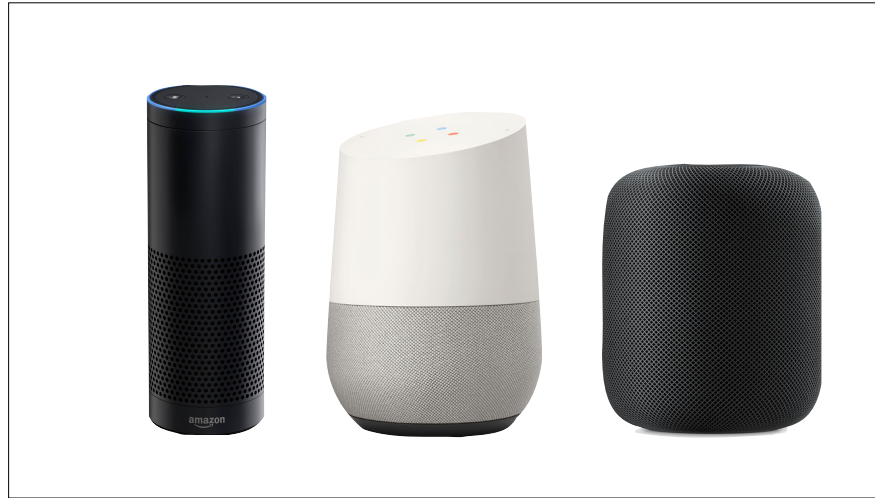


not just files and documents

processing of voice input (Google can do it locally, iPhone always goes up to the cloud)

<https://myactivity.google.com/myactivity?restrict=vaa>

How to delete what Google knows about you: <http://www.wired.co.uk/article/google-history-search-tracking-data-how-to-delete>



<https://www.scientificamerican.com/article/pogue-how-private-is-your-voice-assistant-device/>

Let's talk about...

# *secure connectivity*

- \* Data often transported unencrypted
- \* Device > router/access point > internet provider > internet backbone > target computer
- \* Risks: spying, manipulating data, intercept data, steal credentials



- \* Be wary of free, open wifi (airports, coffee shops, hotels...)
- \* Retail wifi: "wifi tracking" (<https://www.theguardian.com/technology/datablog/2014/jan/10/how-tracking-customers-in-store-will-soon-be-the-norm>), customer profiling



“HTTPS everywhere” browser plug-in: <https://www.eff.org/https-everywhere>



- \* VPN - virtual private network
- \* Build secure tunnel for your internet communication





\* VPN and geo-blocking



Forbes

QUOTE OF THE DAY

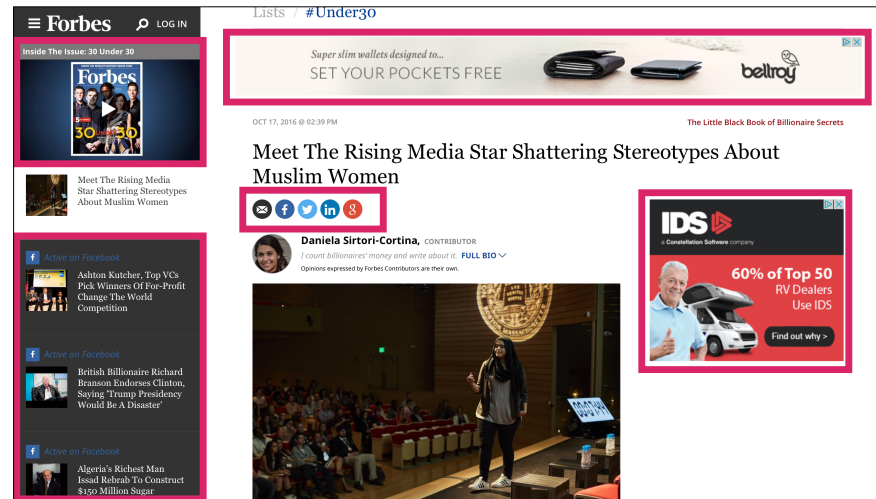
"You want as many people as possible to consume your art. And to do that, you have to be a businessperson."

- Halsey

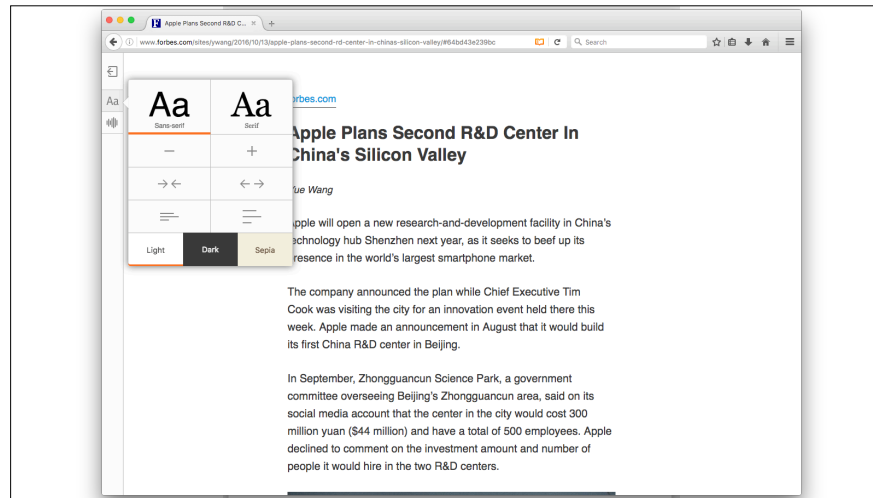
Continued on Forbes



CONTINUE TO SITE >



1. Ads
2. Auto-playing video
3. Social plugins, sharing buttons

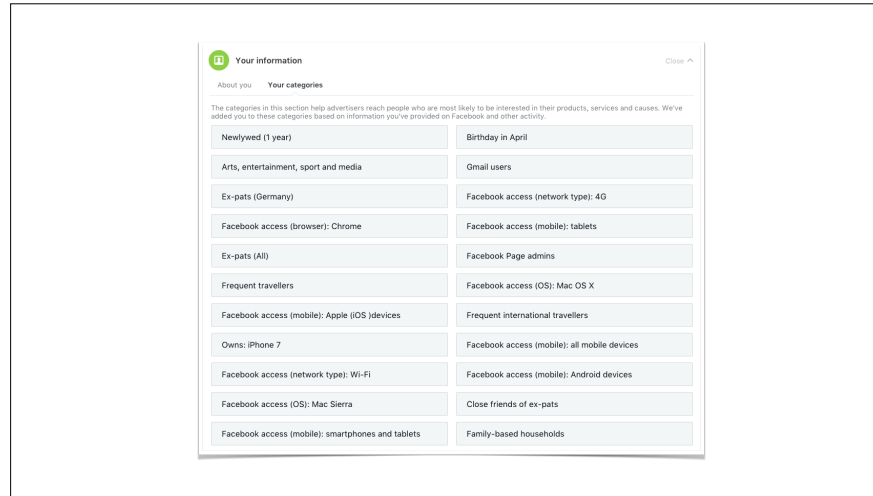




Chrome tool: <https://www.propublica.org/article/breaking-the-black-box-what-facebook-knows-about-you>

<https://www.washingtonpost.com/news/the-intersect/wp/2016/08/19/98-personal-data-points-that-facebook-uses-to-target-ads-to-you/>

Keep track of your activities on all sites outside Facebook that have a Like or Share button installed.



Facebook: Settings > Adverts > Your information > Your categories  
(also check “Ad settings” while you’re at it)

Your data  
is *delicious!*

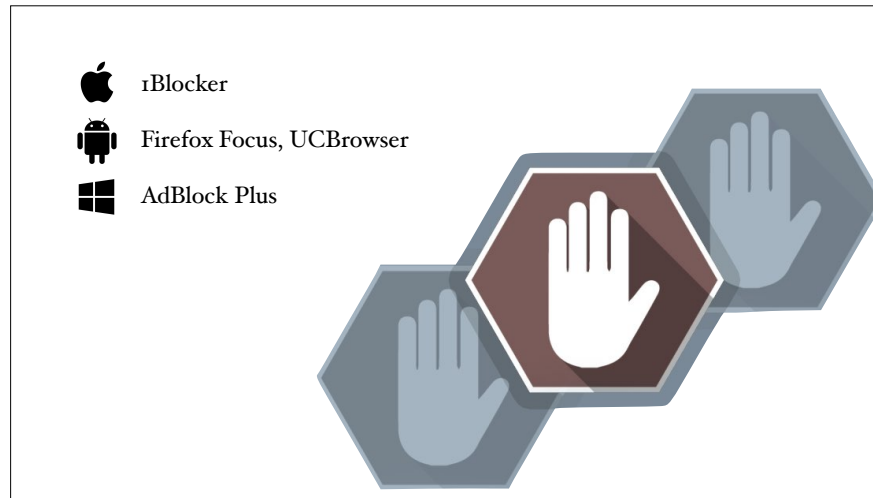
- \* Facebook user worth average 5 USD per year
- \* Respect other peoples' privacy concerns (NO address upload to social media)
- \* "If the product is free, you are the product." 🤖 (data = currency)





### Cookies:

- \* identify users
- \* remember users' custom preferences (i.e. interface language)
- \* help users complete tasks without having to re-enter information when browsing from one page to another or when visiting the site later
- \* online behavioural target advertising and to show adverts relevant to something that the user searched for in the past.
- \* When user requests a new page, the web server can receive the values of the cookies it previously set and return the page with content relating to these values.
- \* session cookie which is erased when the user closes the browser or
- \* persistent cookie which remains on the user's computer/device for a pre-defined period of time
- \* first-party cookies which are set by the web server of the visited page and share the same domain
- \* third-party cookies stored by a different domain to the visited page's domain. This can happen when the



- \* Ad-blockers
- \* advantages (save data volume, faster load, security, tracking/privacy...)
- \* Apple: <https://1blocker.com/> (sync settings across devices)
- \* Android: difficult, Google makes money with ads; use alternative browsers like Firefox Focus or UC Browser; <https://www.androidauthority.com/samsung-android-browser-ad-block-670709/>
- \* Windows: Adblock Plus plug-in for Firefox, Chrome etc.
- \* Remember to whitelist your favourite sites or subscribe to them!
- \* Use micro-payment services or online reading services (Blendle, Flattr etc.)

Devices/computers phoning home

<https://www.howtogeek.com/224616/30-ways-windows-10-phones-home/>

Image source: <https://www.flickr.com/photos/132604339@N03/25381872413>

Let's talk about...

*passwords*

Passcode/passphrase/password

Finger print, biometric information (face, iris)

123456  
IIIIII  
pencil  
letmein  
password  
...

## Do/don't

- Hard to guess (no family , pets, simple words from the dictionary)
- Think “pass-phrase” instead of “pass-word” (e.g. thirtyX4=1hundred2o)
- Don't reuse passwords across services
- Change important passwords regularly
- Use a password manager



\* <https://twofactorauth.org/>

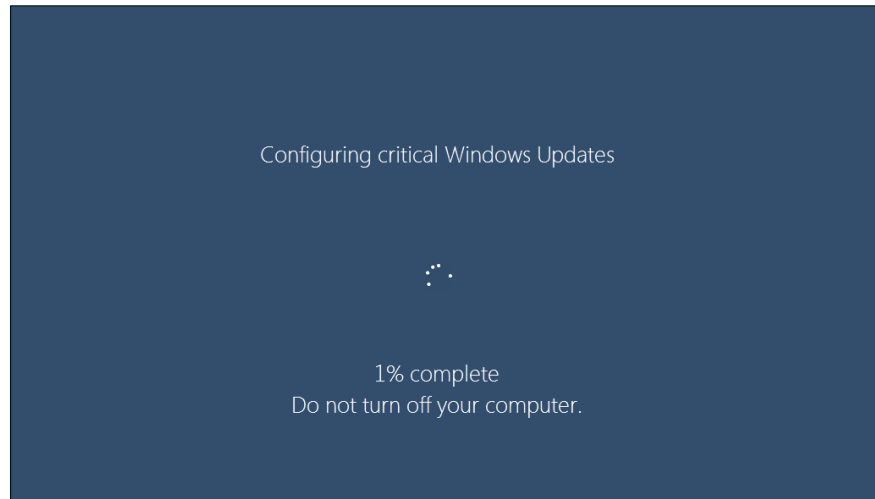


<https://medium.com/@mshelton/password-managers-for-beginners-d1f49866f80f>

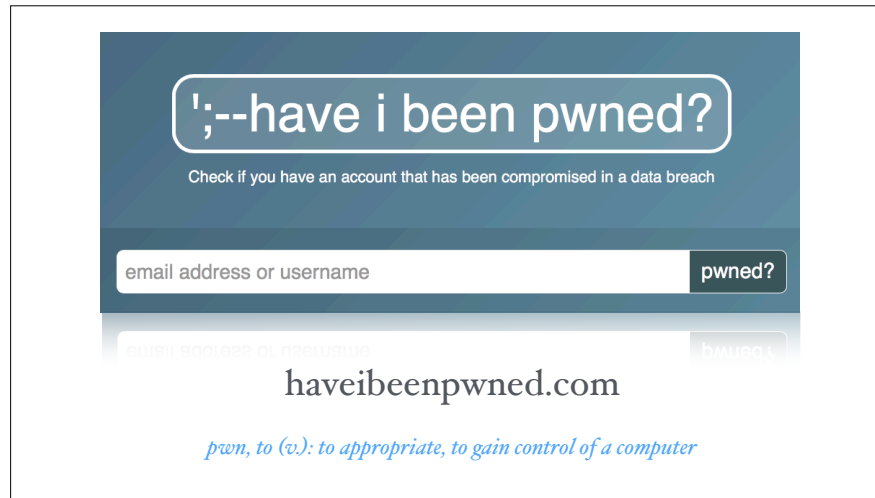
Let's talk about...

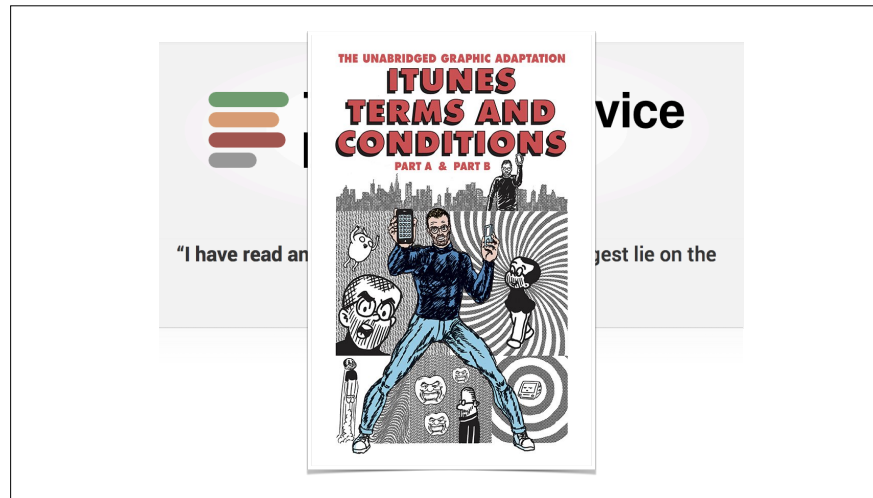
*all the rest*



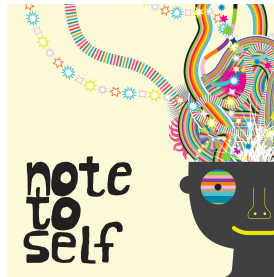


- OS updates (security!)
- Browser updates (Chrome does that automatically)
- Mobile vs desktop
- Check app updates before installing
- On this note, also be careful about using Android phones, which often run out-of-date software without current security patches. Google's Nexus and Pixel phones, which get software updates promptly and directly from Google, are the best way to make sure you're up to date; while Samsung's newer smartphones are also patched relatively promptly, everything else in the Android ecosystem is hit or miss.





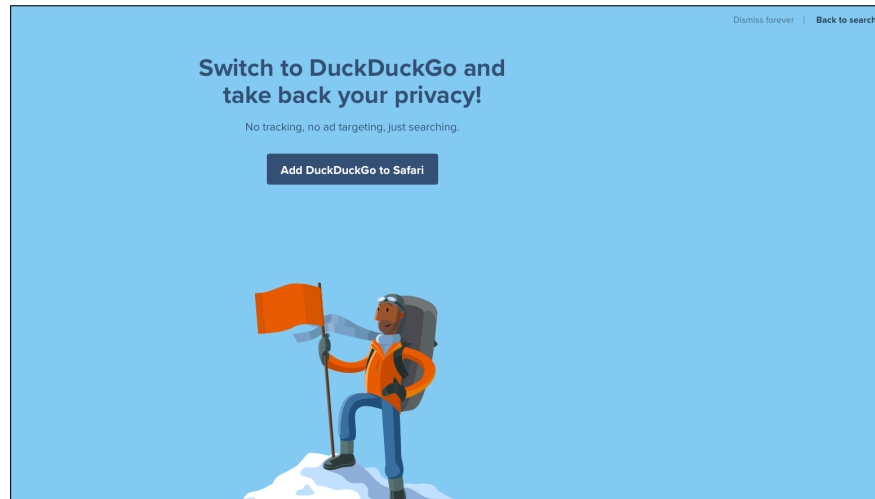
- \* <https://tosdr.org/> - Terms of service, didn't read
- \* browser plugin: Mozilla Firefox - Google Chrome - Opera - Safari - Internet Explorer
- \* user rights initiative to rate and label website terms & privacy policies, from very good Class A to very bad Class E
- \* terms often too long to read, but it's important to understand what's in them
- \* TOS agreements require giving up first born—and users gladly consent: <https://arstechnica.com/tech-policy/2016/07/nobody-reads-tos-agreements-even-ones-that-demand-first-born-as-payment/>
- \* I read all the small print on the internet and it made me want to die: <https://www.theguardian.com/technology/2015/jun/15/i-read-all-the-small-print-on-the-internet>



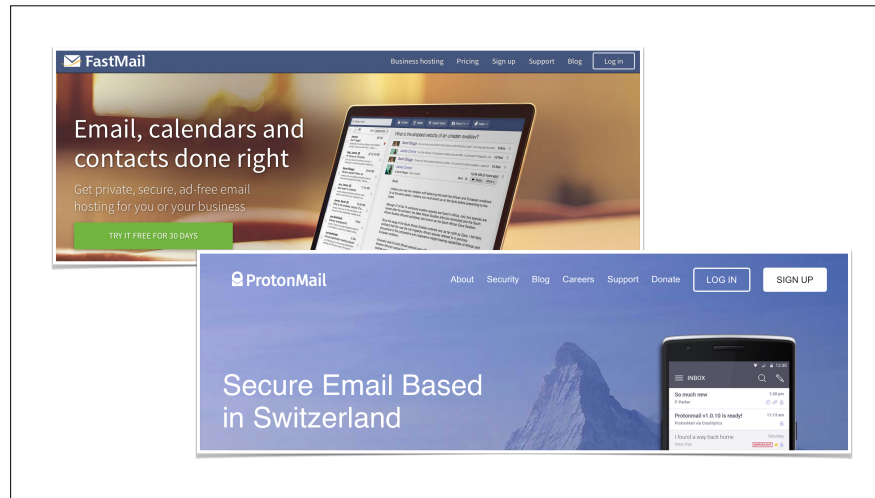
Podcast: “Note to Self”



Newsletter: “Connected Rights”



[www.duckduckgo.com](https://www.duckduckgo.com)

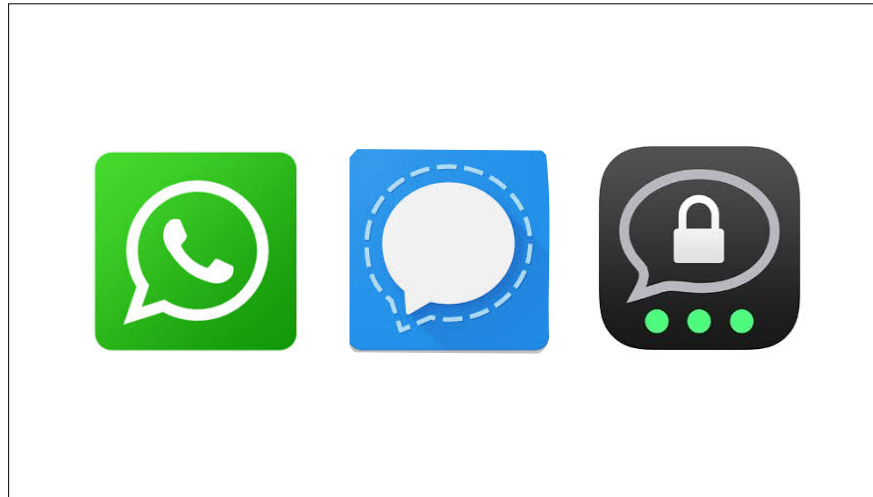


ProtonMail: <https://protonmail.com/>  
Fastmail



Mac: automatic lock/unlock with iPhone/Apple Watch by using Bluetooth awareness (e.g. <http://hellotether.com/>, <http://macid.co/>)

Windows: <https://www.cnet.com/how-to/4-ways-to-lock-your-windows-10-pc/>, <http://www.banamalon.net>



WhatsApp encrypts chats by default, but shares information with Facebook  
Switch to Signal or Threema



# *five rules*

for living with the internet

Source: <https://www.theverge.com/2015/8/19/9176639/5-rules-internet>

*I.*

Assume everything you do  
and say will be made public.

2. Do not be seduced by privacy settings and passwords, which are temporary illusions that distract from the reality of the previous point.

3.

Understand that context and data are often one and the same. Assume that you submit the **who**, the **what**, the **when**, the **where**, the **how**, and the **why**.

Understand that context and data are often one and the same. When you enter information on the internet, assume that you include the who (you), the what (the data), the when (the time of data input), the where (the site on which the data is being placed), the how (the device on which you input the data), and the why (the purpose of the site).

4.

Believe that all of your credit card transactions are being kept in a colossal, searchable ledger that one day will be made available for all to study.

5.

Believe that data does not disappear  
when you delete it.

“I didn't want to change society.  
I wanted to give society a chance to  
determine if it should change itself.”

*-Edward Snowden*

*Web*    [adrechsel.de](http://adrechsel.de)  
*Podcasts*    [adrechsel.de/podcast](http://adrechsel.de/podcast)  
*Twitter*    [adrechsel](https://twitter.com/adrechsel)